



2019 Registered Runners

Soloists

Race Number	First Name	Surname
1	James	Abrahams
2	Claire	Adam
3	Dave	Adams
4	Neil	Adams
5	Rachel	Adams
6	Amy	Adams
7	Tania	Addlesee
8	Louise	Alexander
9	Charlie	Allan
10	David	Allison
11	Ove	Andresen
12	Jemma	Arbon
13	Steve	Ashman
14	Marion	Ashman
15	Mark	Ashmore
16	Ben	Ashton
17	Rachel	Ashton
18	Andrew	Ashwin
19	Dave	Aust
20	Rosie	Ayoub
21	Charlotte	Bacon
22	Gary	Bacon
23	Gareth	Bagguley
24	Dawn	Bailey
25	Gina	Bailey
26	Stephen	Baker
27	Lucy	Baker
28	Jason	Baldwin
29	Jennifer	Balls
30	John	Balls
31	Elizabeth	Banks
32	Helen	Barker
33	Richy	Barr
34	Joshua	Barron
35	Charlotte	Barter
36	Gareth	Bartlett
37	Eleanor	Bateman

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38	Neal	Bateman
39	Martin	Beadle
40	Jon	Bebb
41	Peter	Bell
42	Emma	Benefer
43	Kelly	Beniston
44	Pete	Bennett
45	Cleveland	Bennett
46	Ross	Bentley-Davies
47	Lisa	Bentley-Whittaker
48	Teena	Benton
49	Lynne	Berbatiotis
50	Donna	Beveridge
51	Marty	Bibby
52	Matthew	Billings
53	Day	Bilski
54	Amanda	Bishop
55	Claire	Bishop
56	Jason	Black
57	Ian	Black
58	Elaine	Blair
59	Laura	Bland
60	Samantha	Blatherwick
61	Calum	Blow
62	Peter	Boddy
63	Ian	Boldy
64	Alison	Boldy
65	Shaun	Bonner
66	Catherine	Booth-Stammers
67	Thirsty	Boots
68	Laura	Borkowski
69	Kevin	Borley
70	Amy	Borrill
71	Richard	Borrill
72	Richard	Botting
73	Neil	Bowler
74	Alan	Bowley
75	Lyndsey	Bowley

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76	Richard	Bowley
77	Joe	Boyle
78	John	Bradford
79	Julie	Bradshaw
80	Amey	Brassington
81	Margaret	Briggs
82	Peter	Briwn
83	Steve	Brooks
84	Mark	Brown
85	Angela	Brown
86	Chris	Brown
87	Steven	Bryant
88	Belinda	Bryant
89	Jamie	Buckland-Price
90	Mike	Burke
91	Edina	Burns
92	Daniel	Burns
93	Mike	Burns
94	John	Burton
95	Tina	Bury
96	Shaun	Busby
97	Liam	Busby
98	Jamie	Butler
99	Nikki	Cameron-Williams
100	Khloe	Campbell
101	Ceri	Card
102	Millie	Carter
103	Martin	Carter
104	Abigail	Cast
105	Janie	Causon
106	Stephen	Chafer
107	Joanne	Chalmers
108	Lorraine	Chambers
109	Miles	Charlton
110	Tony	Chatwin
111	Tanya	Checkley
112	David	Chilvers
113	Richard	Clare

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Soloists

114	Carl	Clark
115	Emily	Clarke
116	Jo	Clarke
117	Russell	Clarke
118	Jason	Clarke
119	Sarah	Clarke
120	Paul	Clayton
121	Jez	Clements
122	Nicola	Clews
123	Steven	Clews
124	Oliver	Coburn
125	Tony	Coffey
126	Richard	Coles
127	Jon	Collins
128	Steven	Collins
129	Alex	Connell
130	Kirk	Conroy
131	Gail	Cooksey
132	Adam	Coombs
133	Jonathan	Cooper
134	Jackie	Copely
135	Emma	Cornell
136	Mark	Cornell
137	Han Solo	Costello
138	Nicola	Cottam
139	Mark	Cottam
140	Lindsey	Cotterill
141	Gareth	Coyle
142	Carla	Crane
143	Jennifer	Creighton
144	Steve	Crickett
145	James	Cullup
146	Craig	Curtis
147	Ashley	Curtis
148	Matt	Curtis
149	Suz	Cutler
150	Gemma	Daniels
151	Mike	Daniels

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152	Louise	Darrington
153	Brian	Darrington
154	Sophie	Davies
155	Cherise	Davies Bennett
156	Stephen	Davis
157	Shane	Davis
158	Robert	Desmond
159	Ian	Dexter
160	Surinder	Dhanak
161	Aaron	Dobson
162	Laura	Donald
163	Kelly	Donnelly
164	Jeanette	Douglas
165	Iain	Downie
166	Nigel	Driscoll
167	Cate	Driscoll
168	Kim	Duffy
169	Martin	Duggan
170	Sallie	Dukes
171	Ruth	Dunstan
172	Helen	Durant
173	Jason	Durant
174	Holly	Durham
175	Sarah	Dury
176	Robert	Dyjak
177	Cat	Eden
178	Lisa	Edwards
179	Pete	Edwards
180	Joanna	Edwards-Jones
181	Sarah-Jane	Eggleton
182	Rebeca	Ehrnrooth
183	Malin	Ekdahl
184	Darren	Elliott
185	Lynda	Elmore
186	Dan	Entwistle
187	Tina	Evans
188	Kelly	Evans
189	Raymond	Evans

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190	Nick	Everitt
191	Colin	Favager
192	Janine	Felton
193	Tracie	Fielder
194	Bex	Fieldmouse
195	Angus	Filshie
196	Martin	Findlay
197	Ryan	Finlow
198	Julie	Finn
199	Anna	Fisher
200	Sarah	Fitzgerald
201	Mark	Flanagan
202	Thomas	Fletcher
203	John	Followell
204	Matt	Fowler
205	Timothy	Fray
206	Claire	Fritz
207	Steve	Frost
208	Andy	Gant
209	Victoria	Geeson
210	Simon	Geisler
211	Stefan	Georges
212	Stefan	Georges
213	Claire	Gibbs
214	Dan	Giblett
215	Julie	Giblin
216	Julie	Gilbert
217	Louise	Gillespie
218	Gazita	Gillick
219	Riccardo	Giussani
220	Sarah	Glenton-Kirk
221	Mel	Glover
222	Bradley	Gollings
223	William	Goodacre
224	Gillian	Goode
225	Joanne	Gordon
226	Simon	Gordon
227	Joanne	Grace

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228	Frederick	Graham
229	Shsron	Granger
230	Joanna	Gray
231	Richard	Gray
232	Kathleen	Gray
233	Gemma	Greenway-Craw
234	Claire	Grieves
235	David	Griffiths
236	Ashley	Griffiths
237	Kelly	Grounds
238	Brian	Guilder
239	Melissa	Gurney
240	Tom	Gwynne
241	Jon	Hacking
242	Aleksandra	Hadden
243	Clint	Hall
244	Stuart	Hall
245	Maggie	Hall
246	Chris	Hamon
247	Simon	Harding
248	Jennifer	Hare
249	Daniel	Harker
250	Tessa	Harker
251	John	Harpham
252	Viki	Harrington
253	Nigel	Harrison
254	Nick	Harrison
255	Sally	Harrison
256	Sally	Hart
257	Ian	Hart
258	Dean	Hassall
259	Stuart	Hathaway
260	Wayne	Hathway
261	Daniel	Hayes
262	Robert	Hayes
263	Charlie	Haysom
264	Marianne	Heading
265	Karl	Headley

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266	Paul	Heaps
267	Emmajean	Hearn
268	Jimmy	Hearn
269	Kathryn	Heath
270	Jessica	Hellawell
271	Lee	Hellawell
272	Faye	Hemingway
273	Louise	Hepworth
274	Jonny	Herbert
275	Dylan	Herbert
276	Delia	Higgins
277	George	Higgitt
278	Christopher	Hill
279	Rik	Hill
280	James	Hobson
281	Lee	Hodgkinson
282	Adam	Holland
283	Katie	Holmes
284	Jane	Holt
285	Paul	Hopkinson
286	Jenny	Hopkinson
287	Tricia	Hopper
288	Philip	Horton
289	Stephen	Hough
290	Kevan	Howarth
291	Steve	Howe
292	Conrad	Howell
293	Rick	Howells
294	Sylv	Hull
295	Lizette	Hummel
296	Jekaterina	Hutton
297	Andrew	Ingram
298	Dave	Isherwood
299	Mark	Jackson
300	Jonathan	James
301	Bernard	Jarvis
302	Kate	Jayden
303	Michael	Jefcoate



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304	Andrew	Jeffrey
305	Chris	Jekiel
306	Dale	Jenkins
307	Barny	Jenkins
308	Sam	Jensch
309	Aidan	Jepson
310	Lorraine	Jex
311	Alison	John
312	Dan	Johns
313	Michael	Johnson
314	Helen	Johnson
315	Cheryl	Johnson
316	Alan	Jones
317	Jane	Jones
318	Nicola	Jones
319	Kev	Jones
320	Dean	Jones
321	Peter	Jones-Hall
322	Terri	Jones-Hall
323	Tarulata	Kanabar
324	Roberto	Katalinic
325	Tom	Keeber
326	Kev	Keenan
327	Zoe	Keep
328	Kate	Kemp
329	Daniel	Kennedy
330	David	Kent
331	Kimberley	Kent
332	Chris	Kerry
333	Scott	Kimberlin
334	Tanya	Knight
335	Richard	Knox
336	Barry	Kopelman
337	Adam	Kuznesof
338	Steve	Langford
339	Joe	Langham
340	Sharon	Latham
341	Michele	Lattimore



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Soloists

342	Geoff	Law
343	Craig	Lee
344	Rach	Lee
345	Debra	Lees
346	David	Leonard
347	Gareth	Lewis
348	Richard	Lewis
349	Patrick	Liddell
350	Karen	Liddle
351	Matt	Liggins
352	Simon	Lock
353	Rachel	Lopata
354	Ellen	Lovatt
355	Jim	Lovett
356	Owen	Lowery
357	Mark	Lyttle
358	Michelle	Mabbitt
359	Alice	Maiden
360	Gavin	Majithia-Beet
361	Steve	Malcherczyk
362	Ivan	Malinka
363	David	Manning
364	John	Marks
365	Roger	Marks
366	Julie	Marley
367	Tom	Marrs
368	Kate	Marshall
369	Hannah	Martin
370	Rachael	Mason
371	Peter	Mason
372	Nicholas	Mason
373	Chris	Massingham
374	Andrew	Maudsley
375	Husein	Mawji
376	Vicky	Mawji
377	Sara	Mawson-Sinclair
378	Lee	Mayne
379	Rebecca	Mcanulty

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Soloists

380	Debs	Mccahon
381	Kerry	Mccrainor
382	Claire	Mcgarr
383	Connor	Mcginty
384	Nicola	Mcgonigle
385	Lucy	Mcintyre-Sowter
386	Matt	Mcneil
387	Caroline	Mcperson
388	Rob	Mee
389	Kathryn	Mellor
390	Danielle	Mellows
391	Andrew	Mendelson
392	David	Meredith
393	Peter	Middleton
394	Jim	Millar
395	Natasha	Miller
396	Frances	Mills
397	Amanda	Millward
398	Tom	Milner
399	Mark	Mitchell
400	Lee	Mitchell
401	Shaun	Mitchell
402	Derek	Mizak
403	Ben	Moden
404	Anthea	Moisey
405	Rosemary	Monk
406	Zoey	Moore
407	John	Morfey
408	Simon	Morgan
409	Rachel	Morgan
410	Grant	Morgan
411	Dawn	Morley
412	Richard	Morley
413	Greg	Morris
414	Stephen	Moss
415	Vicky	Moss
416	Valerie	Moulden
417	Amanda	Mumby



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418	Ian	Murdey
419	Paul	Murphy
420	Jim	Murray
421	Lucie	Nagar
422	Jason	Naylor
423	Heather	Newbold
424	Heidi	Newman
425	Tuan Hai	Nguyen
426	Andrew	Nicholson
427	Will	Nickell
428	Rick	Nicklen
429	Hazel	Nielsen
430	Gareth	Nixon
431	Michal	Nizler
432	Lorraine	Norton
433	Janet	Norton
434	Barry	Norton
435	Marcus	Nye
436	Conor	O Niell
437	Victoria	Oæconnor
438	Jack	Oæhern
439	Mark	O'brien
440	Peter	O'brien
441	Christian	O'brien
442	Sasha	Oliver
443	Regina	O'reilly
444	Charlotte	Orgill
445	Andrew	Ormes
446	Gayna	O'rourke
447	Lisa	Osborne
448	Tania	Pacheco
449	Mark	Page
450	Lee	Palfrey
451	Rebecca	Palfrey
452	Justin	Parker
453	Mark	Parker
454	Liz	Parkinson
455	Fay	Paterson

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Soloists

456	Sue	Patrick
457	Jo	Patrick
458	Gary	Pawson
459	Louise	Payne
460	Helen	Peake
461	Emma	Pearce
462	Sam	Pearch
463	Steph	Peel
464	Gemma	Pegg
465	Juliette	Pegram
466	Stephen	Penney
467	Ben	Pickard
468	Lisa	Pim
469	Kimberley	Pittam
470	Rachel	Pledge
471	Christian	Plumb
472	Erin	Poole
473	Lizzie	Potter
474	Anna	Preston
475	Thomas	Price
476	Glen	Price
477	Matthew	Price
478	Gaynor	Prior
479	Kaine	Pritchett
480	Andy	Pritchett
481	Addie	Prodan
482	Caroline	Quarmby
483	Teresa	Rains
484	Stephen	Ramwell
485	Raymond	Randall
486	Kirsty	Randall
487	Melanie	Ratcliffe
488	Jon	Rawson
489	Jon	Rawson
490	David	Redgate
491	Chris	Redhead
492	Sarah	Reeves
493	Gail	Reid



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Soloists

494	Mike	Reid
495	John	Restall
496	Jo	Richardson
497	Caroline	Richardson
498	Sam	Richardson
499	Catherine	Roberts
500	Michael	Roberts
501	Sarah	Roberts
502	Michelle	Roberts
503	Lindsay	Robinson
504	Darren	Robinson
505	Jonathan	Robinson
506	Mike	Robinson
507	David	Rogers
508	Kevin	Rowland
509	Nicola	Rowland
510	Andrew	Rowlands
511	Charanjit	Ruprai
512	Mandeep	Ruprai
513	Nirmal	Ruprai
514	Kultar	Ruprai
515	Rosalind	Sadler
516	Graham	Sale
517	Stewart	Sale
518	Guy	Sanders
519	Marc	Sanderson
520	Matthew	Saunders
521	Glyn	Sawford
522	Sharna	Sawyer
523	Jaysson	Sawyer
524	Kim	Sayers
525	Clare	Scaum
526	Patrick	Schalbetter
527	Ian	Schofield
528	Stewart	Scott
529	Jane	Scott
530	Amanda	Scott-Barker
531	Paul	Sedgwick

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532	Anna	Seeley
533	Danny	Shaw
534	Paul	Shaw
535	Catherine	Sherlock
536	Andrew	Sherlock
537	Antony	Shields
538	Duncan	Short
539	Ramzi	Sidani
540	Sid	Sidowski
541	Andrew	Slater
542	Johnathon	Smart
543	Andy	Smith
544	Ryan	Smith
545	Mark	Smith
546	Scott	Smith
547	Mark	Smith
548	Briony	Smith
549	Zoe	Smith
550	Tristan	Snutch
551	Melanie	Snutch
552	Jay	Snutch
553	Yvonne	Spencer
554	Neil	Spencer
555	Julian	Spencer
556	Paul	Spooner
557	Paul	Spriggs
558	Robert	Standing
559	Richard	Stanley
560	Gary	Steel
561	Laura	Stenhouse
562	Lucy	Stephen
563	Eleanor	Stevens
564	Ryan	Stocks
565	Neil	Streng
566	Deborah	Streng
567	Luke	Styles
568	Marc	Sullivan
569	Lukasz	Szydlowski

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570	Lee	Talbot
571	Terri	Taylor
572	Yvette	Taylor
573	Annette	Taylor
574	Lyn	Taylor
575	Neil	Taylor
576	Steve	Taylor
577	Mike	Templeman
578	Owen	Thomas
579	Andy	Thomson
580	Paul	Thomson
581	David	Thomson
582	P	Thorpe
583	Daniel	Thurston
584	Tim	Tickner
585	Brian	Tomblin
586	Maurice	Tompkins
587	David	Travers
588	Marc	Tremain
589	Valerie	Tuckwood
590	Sam	Tuplin
591	Adam	Turnbull
592	Mark	Turner
593	Martin	Turner
594	Ben	Turner
595	Caroline	Upton
596	Zoe	Vatter
597	Neil	Venables
598	Abi	Vernon
599	Jason	Vigrass
600	Alex	Waddington
601	Donna	Wakefield
602	Stephen	Walker
603	Marion	Walker
604	Bill	Walker
605	Emma	Walker
606	Tony	Walker
607	Gemma	Wall

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608	Alistair	Walling
609	Wayne	Walsh
610	Harvey	Walsh
611	Jacky	Walsingham
612	Jacqui	Walton
613	Heather	Wankling
614	Kimberley	Ward-Pawson
615	Sam	Warrener
616	Conrad	Watson
617	Barry	Webb
618	Helen	Webb
619	Liz	Webster
620	Christian	Welch
621	Nikki	Welyczko
622	Carl	Wentworth
623	Karen	Westie
624	Claire	Whittaker
625	Pete	Wilcox
626	Cheryl	Wiles
627	Gareth	Wilkins
628	Rosie	Wilkins
629	Ian	Wilkins
630	Andrew	Wilkinson
631	Robert	Williams
632	Chris	Williams
633	Sally	Williams
634	Mark	Williamson
635	Adam	Willis
636	Kerrie	Wilmot
637	Mark	Wilson
638	Ian	Wilson-Benn
639	Jonathan	Wintle
640	Mark	Withall
641	Allison	Wong
642	Rob	Wood
643	Andrea	Wood
644	Naomi	Worrall
645	Gregg	Worrall



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646	Andrew	Wrath
647	Gavin	Wright
648	Sophie	Wright
649	Lucy	Wright
650	Robert	Wright
651	Mike	Wright
652	Helen	Wyatt
653	Ben	Wyld
654	Margaret	Wylie
655	Jo	Yarnall
656	David	Yarwood
657	Ally	Young
658	Wendy	Young
659	Lee	Young
660	1	Solo Entry On The Day
661	2	Solo Entry On The Day
662	3	Solo Entry On The Day
663	4	Solo Entry On The Day
664	5	Solo Entry On The Day
665	6	Solo Entry On The Day
666	7	Solo Entry On The Day
667	8	Solo Entry On The Day
668	9	Solo Entry On The Day
669	10	Solo Entry On The Day